**Rainbow salad**

**Ingredients (4-6 servings):**



2 small sweet potatoes from North Carolina

6 tablespoons olive oil

3 tablespoons lemon juice

1 tsp honey

1 small garlic clove

1/2 tsp salt

1/4 tsp black pepper

1 medium yellow beetroot (red beetroot as an alternative)

2 smalls parsnips

1/2 small red onion

6 radishes

15 g fresh mint

1 small beetroot

100 g feta cheese

1. In a large bowl combine oil, lemon juice, honey, garlic, salt and pepper.

2. Peel the vegetables and (except for the beetroot) cut them into thin slices with a slicer. Chop the mint into small pieces. Put the dressing and mint over the vegetables.

3. Peel beetroot, cut into fine slices and arrange on a plate. Put salad on top and sprinkle with feta cheese.

**Nutrition facts per serving:**

Energy 200 kcal/840 kJ

Protein 8 g

Fat 13 g

Carbohydrates 12 g